



Detailed Instructions for Girls (Ages 14-19) to Enter Cosmic Girls Competition

Below are detailed instructions for each question on the website's Competition Page. Carefully read the explanation of each question before filling in the online questionnaire. Thank you and good luck!

- 1) **First Name**
Enter your first name as it appears on your passport. If you wish to be referred to with another name (or nickname), add that in parentheses next to the official name ie. Alexandra (Alex)
- 2) **Last Name**
Enter your last name, family name or surname listed on your passport
- 3) **Email Address**
Enter your email address and make sure it is spelled correctly to ensure we can notify you of important updates.
- 4) **Phone Number**
Enter your phone number with a country code and local area code. The entire phone number should start with a "+". You might be used to giving your phone number locally in the same country to friends - which could start with a "0". However, when you give the same number to people from another country, you must add the country code after the "+", delete the "0", and add the rest of your number. Example: your local phone number is 06 519 73 748. When adding the Netherlands country code (+31) it now becomes +316 519 73 748 **Drop the "0" when using country codes.** [Click here](#) to find your country code. Your phone number must include the country code for your application to be accepted. If you don't have a phone number, please add that of a close friend or family member who can contact you if we should try and contact you.
- 5) **What is your age?**
Select your age from our drop-down menu
- 6) **What is your date of birth?**
Enter the day, month and year you were born (i.e. 27 / 04 / 2008), in that order.
- 7) **Which continent do you live on?**
Select which continent you are from in our drop-down menu
- 8) **Are you fluent in English?**
Please select "yes" or "no" from the drop-down menu. If your answer is "no" we will be unable to accept your application at this time. Only those girls with fluent English communications skills are eligible to enter. Our training programs are demanding and require full comprehension (e.g. for instructions and especially in the event of emergencies). If you are not fluent in English yet, you may apply for the following year's competition or whenever your English has improved.
- 9) **What is your grade point average?**
Becoming an astronaut is difficult and highly competitive. We encourage girls to strive for excellence and require a minimum grade point average to enter the competition. Please refer to our drop-down menu to determine your grade point average in the



past year. If your school year has just started, use the average from the previous year. Some school systems grade from 1.0 - 4.0 (4.0 being the highest) or from 1-10 (10 is the highest) or from 10 -100 (100 is the highest). If you received lower than the ranges given on the drop-down menu, please reapply when your grades are higher. We will be reviewing the 6 finalists' transcripts/report cards to verify if their information meets our criteria.

10) Which partner program do you choose to be part of?

Please first view the partners and their websites and then select which one you'd like to join via the drop-down menu.

11) Have you registered with the partner yet?

If you haven't contacted the partner, please do so and wait for their answer. If you have not received their response to your inquiry within 2 weeks, please inform us. Alternatively, you can always try picking another partner. *Note: you must answer "yes" to this question in order to submit your application

12) Have you filled in the Impact Questionnaire completely?

The Impact Questionnaire link is located in Step 4 before the entry form on the application form page of our website. Click on the link and please fill in the questionnaire completely and submit it before starting on the entry form.

13) Video 1: Why you want to go to space and how will you help earth upon return?

This video is your opportunity to shine ... to share with us your passion about reaching for the stars, what it means to you to leave earth's atmosphere, and how you intend to use this transformative space experience to benefit our planet amidst deeply challenging times if you get chosen as the Grand Prize Winner. It might be helpful to practice your video several times so that you are happy with the message you are communicating, as well as how it comes across. Feel free to get creative! Please speak slowly and clearly. The video will be judged both on the content and how you communicate it. Please submit a video that is less than 1 minute. If the video is longer than 1 minute, we will automatically reject it, because it's important as an astronaut that you know how to follow instructions. Upload your video onto YouTube or any other place where we can easily access the link, with just one click. (Note, do not submit the video via Google docs, because Google docs requires giving access to the document, and therefore requires more than 1 click). Submit the URL video link in the correct form field provided on the entrant form. Realize that this video might be used in Cosmic Girl's social media as well as our partner's social media. You will have to agree to those terms if you want to participate in the competition.

14) Video 2: Why did you choose this partner?

Cosmic Girls wants to build and fortify the future female talent pipeline. We want you to expand your horizons and are offering world-class opportunities for you to do so with our worldwide partners. In choosing the partner program that best suits you, tell us what motivated your particular decision. Why did you choose to learn with this program partner? This not only enables us to learn more about your aspirations but to nurture strong relations within our partner network and the other contestants with whom you might wish to network. The video will be judged both on the content as well as how you communicate. Please submit a video that is less than 1 minute. If the video is longer than 1 minute, we will automatically reject it, because it's important as an astronaut that you know how to follow instructions. Upload your video onto YouTube or any other place where we can easily access the link, with just one click. (Note, do not submit the video via Google docs, because Google docs requires giving access to the document, and therefore requires more than 1 click). Submit the URL video link in the correct form field provided on the entrant form. Realize that this video might be used in Cosmic Girl's social media as well as our partner's social media. You will have to agree to those terms if you want to participate in the competition.



- 15) **I agree to allow my data, images and videos to be used in the Cosmic Girls Competition-** This means that the images, data and videos that you submit to our competition via the application or at any point after that are not your own, but owned by the Cosmic Girls Foundation. Click the box beside the statement to acknowledge your understanding and agreement. If your answer is “no”, we will be unable to accept your application.
- 16) **I allow Cosmic Girls to share my videos and images with our program partners for marketing purposes-** This means that we can give your videos and images to our program partners and they can use your images for their own social media and marketing. Click the box beside the statement to acknowledge your understanding and agreement. If your answer is “no”, we will be unable to accept your application
- 17) **I agree to allow any and all images, videos, sound recordings and footage of myself to be used in the Cosmic Girls documentary and forfeit all my rights to Cosmic Girls-** If you are one of the 6 finalists in our documentary, you agree to give up all of your rights to the videos, images and sound recordings of yourself to the Cosmic Girls Foundation. Click the box beside the statement to acknowledge your understanding and agreement. If your answer is “no”, we will be unable to accept your application
- 18) **I agree to use my contact details for participation in the Cosmic Girls networking platform- the Cosmic Forum -**This means that the Cosmic Girls Foundation can use your contact details to contact you for any reason. Click box beside the statement to acknowledge your understanding and agreement. If your answer is “no”, we will be unable to accept your application
- 19) **I acknowledge that my biometric data will be collected and monitored during the astronaut training and spaceflight-** This means that if you are one of the 6 finalists, you agree to have e.g. your heart rate, blood pressure, amount of sweat etc..and other biometric data be captured for the purposes of research, safety and helping increase our understanding of space health and medicine for women.
- 20) **I have read and understand the terms of service-** Click box beside the statement to acknowledge your understanding and agreement. If you have any questions about it, contact us at info@cosmicgirls.org
- 21) **I agree to fully comply with and be bound by the terms of service-** Click box beside the statement to acknowledge your understanding and agreement. If you have any questions about it, contact us at info@cosmicgirls.org
- 22) **I certify that all information provided on this form is accurate and true, and can be verified by the Cosmic Girls competition**
Cosmic Girls has the right to verify any of the information that you have given the Cosmic Girls Foundation for authentication purposes. Click the box beside the statement to acknowledge your understanding and agreement. If your answer is “no”, we will be unable to accept your application.
- 23) **I certify that I have parental consent to participate in the competition-** After you join the Cosmic Forum, your parent will receive an email stating that they agree for you to join both the Cosmic Forum and the Competition. They must reply to the email and give their consent. By the time you are filling in the entry form for the competition, your parent must have given their consent for both the Cosmic Forum and the Competition, or else you won't be able to check this box off yet. If they haven't seen an email from us, tell them to check their spam box. If it's not there, they can send an email to info@cosmicgirls.org and manually give their consent to both the Cosmic Forum and the Competition.
- 24) **I certify that I have joined the Cosmic Forum-** This certifies that you have registered with our Cosmic Forum, and your parent has consented to you joining the forum. Then you should have received verification that you are a member. Click the



box stating that you have joined the Forum. If the answer is “no” we will be unable to accept your application.

25) Click in the box “I am not a robot” to confirm that you are not a robot.

26) Then to submit the application, click the “Submit your entry button”.

